

Maggie Compernelle, End of Life Coach and Educator, RN, CHPN | Life at Sunset

Service Area: Monterey Peninsula in person (remote services also offered)

(847) 644-8610 • maggie@lifeatsunset.com • www.lifeatsunset.com

Services include:

- End-of-life and serious illness coaching, guiding and consulting for individuals and their support systems
- Community and group education and workshops
- Advance care planning

Kelsey Coney, M.S., End-of-Life Planning & Communication, End-of-Life Doula | Kinward

Service Area: Monterey Peninsula / Salinas. Remote services offered.

(925) 876-9116 • kelsey@kinwardcare.com • www.kinwardcare.com

Services include:

- A personalized end-of-life planning process, tailored to each individual and family, supported by tools that capture decisions, preferences, and next steps along the way
- Family communication and conflict facilitation, drawing on a graduate background in conflict resolution, for families where clear communication is the priority
- Guided decision-making and organization across healthcare, legal, financial, and personal planning
- Values clarification, legacy work, and life review
- Coordination with attorneys, financial advisors, healthcare providers, and hospice teams across the full circle of care
- Bedside companionship, vigil support, and after-death guidance available as requested
- Community education, workshops, and healthcare communication training for organizations

Lisa Dwelle | LD Planning

Service Area: Monterey Peninsula / Salinas. Remote services offered.

(831) 236-3030 • LDPlanning831@gmail.com • www.kinwardcare.com

Services include:

- Living and Dying Values Identification
- Advance Healthcare Directives and POLST
- Decision and Communication around Healthcare Agent/Proxy/Advocate choice
- Education as to options such as Medical Aid in Dying, Voluntarily Stopping Eating and Drinking, etc,
- Consideration of Palliative Care and Hospice Care
- Preparing for living with dementia or memory or physical impairments
- Documentation of wishes regarding symptom control vs. sedation
- Support for Legacy Projects
- Practical support guidance, body disposition and obituary writing
- Community education

Francesca Franklin, End of Life Doula + COO & Elsa Rivera, End of Life Doula + CAO | Peggy's Home Care

851 Munras Ave., Monterey, CA 93940 • (831) 659-5887 • www.peggyshomecare.com

Services include:

- Emotional and psychological support including companionship, presence and grief support
- Spiritual and existential support respecting diverse cultural beliefs and values
- Non-medical physical comfort support such as creating a calming environment and offering comfort techniques
- Practical and Planning Services
- Legacy and Meaning-Centered Services
- Family and Caregiver Support
- Vigil and Active Dying Phase Support
- After-Death Support
- Specialized Services (Optional Expansion): Dementia Specific Care Support
- Spanish Speaking
- End of Life Guidance/Coaching
- Community Education

David Hahklotubbe, M.A. | Gerontologist, Death Doula, Author, Public Speaker

Service Area: Located in Monterey Bay Area

In-Person Doula Services: Will travel

Tele-Doulaship: Global

(707) 815-8312 • david@hahklotubbe.com • www.hahklotubbe.com

A Gerontologist of 26 years specializing in:

- Immersive Full-Spectrum Grief Support for all involved
- 24-hour Global Tele-Doulaship
- End of Life Regret Avoidance
- Planning, Coordinating and Facilitating of Living Funerals "FUNeral"©
- Final Wish List Facilitation
- Legacy Planning
- Facilitation, Planning and Coordination of post-life communication with the Living
- Around the Clock Bed-Side Vigil
- Hospice and Medical Team Liaison

As a former college professor teaching the Master of Arts in Gerontology and a public speaker of 37 years, David also:

- Keynote conferences
- Hold fully immersive week-long workshops and retreats
- Provide training for medical professionals offering CEs
- Provide globally acclaimed Dementia training
- Alzheimer's Support Group Facilitator
- Provide Death Doula Certification Courses
- Provide Community Education
- Guest on Podcast, TV and Radio Programs
- Contribute articles for publications

Bethany Miller, End of Life Doula, CSA | enABLE Care Management

3845 Via Nona Maria #221322, Carmel, CA 93923 • (831) 242-9143

www.enablegcm.com • linkedin.com/in/bethanymillercasemanagement

enABLE's interdisciplinary team brings expertise in gerontology, care management, nutrition, nursing, mediation, dementia care, family systems, and end-of-life support allowing clients and families to access a broad range of resources.

Services include:

- Advance healthcare planning and advance directives
- Goals-of-care discussions and healthcare decision support
- End-of-life education for individuals, families, and caregivers
- Emotional support throughout serious illness and end of life
- Family meetings and facilitation of difficult conversations
- Caregiver support and coaching
- Dementia-informed end-of-life support
- Coordination and communication with hospice, palliative care, physicians, and care teams
- Advocacy and support during healthcare transitions
- Support navigating care settings including home, assisted living, memory care, skilled nursing, and hospice
- Vigil planning and bedside presence
- Legacy projects and life review
- Grief support and bereavement resources
- Education regarding Medical Aid in Dying (MAID), Voluntarily Stopping Eating and Drinking (VSED), and other end-of-life options available under California law
- Funeral planning and after-death guidance
- Community education, workshops, and speaking engagements

Laurie Wheeler, End of Life Doula | Compassionate Hearts Doulas

Service Area: Monterey Peninsula in person (remote services also offered)

(650) 868-5797 • CompassionateHeartsDoulas@gmail.com • www.compassionateheartsdoulas.com

Services include:

- End of Life Guidance and Support
- Advance Healthcare Planning
- Emotional Support including addressing unfinished business/closure
- Support of End of Life Options (Medical Aid in Dying, Voluntarily Stopping of Eating and Drinking)
- Life Review/Legacy Project Assistance
- Vigiling at the bedside (atmosphere enhancement, family support, non-medical comfort care)
- Tools/skills for both physical and emotional comfort:
 - Guided Meditation
 - Reiki energy (Reiki Master)
 - Sound Healing
 - Specialized Essential Oils
- Website with Free Guidance, Tools & Resources
- Community Education