

#### **Understanding CPR, Ventilators & Palliative Care**

## Today's speaker

#### Palliative Care Physician, Nadine Semer, MD. Salinas Valley Memorial Healthcare System





#### Tips for using the zoom 'chat' feature

- In your controls at the bottom of the zoom window, click the 'chat' icon. If you are on a mobile device, tap 'participants,' then 'chat.'
- The 'chat' window will open on the right side or at the bottom of your screen.
- You can ask us questions and answer our questions in the 'chat' window.
- Type your message into the 'chat' window and press 'enter' to send us your message. Make sure you are sending your message to 'everyone.'



# What is CPR?

#### Why is this important to understand?

CPR (Cardio-Pulmonary Resuscitation) is an attempt to restart a person's heart when the heart has stopped beating or cannot pump blood.





A ventilator (also called a breathing machine) does the work for the lungs when someone is unable to breathe on their own.

# What is code status?



Code status refers to the level of medical interventions a patient wishes to have started if their heart or breathing stops.

## What is palliative care?

- Palliative care is specialized medical care for people living with serious illnesses.
- Focuses on providing patients with a coordinated plan.
- Includes symptom relief, curative interventions, pain and stress management.



## What is palliative care?

- Appropriate at any stage of a serious illness.
- Helps the patient and family establish goals of care to improve the quality of life for both the patient and the family.
- Includes a physician, nurse, and social worker, as well as other specialists such as pharmacists, nutritionists, and chaplains.

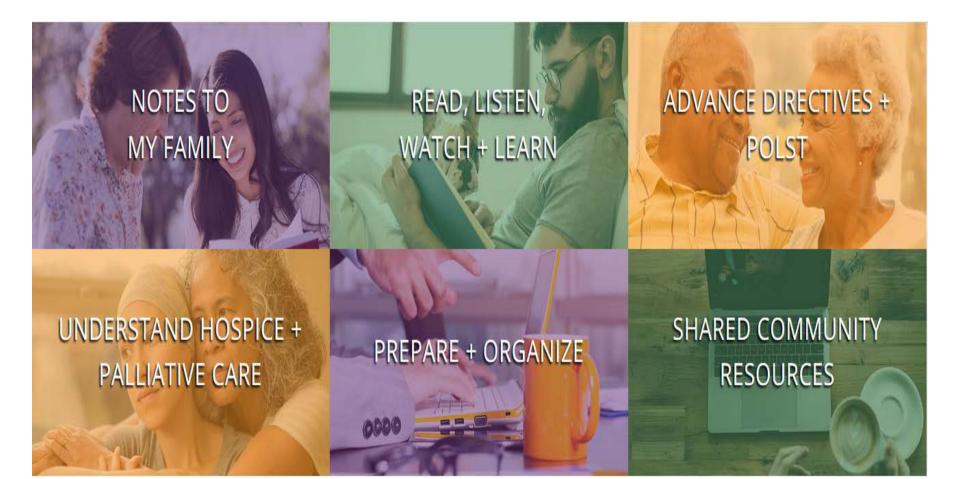






#### **Questions & Answers**

### hospicegiving.org/resources



## We invite you to attend our other workshops at hospicegiving.org/workshops

- How to Have the Conversation (...that none of us want to have!) with Shary Farr and Fred Jealous
- Understanding the POLST Form with Maureen McEachen, LCSW, Medical Social Worker, Central Coast VNA and Hospice
- Advance Health Care Planning Using Advance Directives with Philip Geiger, Director of Outreach, Hospice Giving Foundation.

# Thank you for attending this webinar!

#### **Final Reminders...**

- Talk with your doctor about your health care wishes.
- Join a future workshop and visit our website for information and resources.
- Contact HG Foundation if you need assistance.





## Hospice Giving Foundation is here to help

**Visit our website for guides, documents, and information:** 

- hospicegiving.org/resources
- **Contact Hospice Giving Foundation for direct assistance:** 
  - Philip Geiger, Director of Outreach pgeiger@hospicegiving.org
  - Call 831.333.9023
- You can help others by supporting Hospice Giving Foundation at:
  - hospicegiving.org/donate