## LIVING WITH GRIEF®

# Intimacy and Sexuality During Illness and Loss



**EXPERT PANELISTS:** Carrie Arnold, PhD, FT, MEd, RSW, CCC; Alua Arthur, JD; John Cagle, MASW, PhD; and Kenneth J. Doka, PhD, MDiv

MODERATED BY: Frank Sesno, Director, School of Media and Public Affairs, The George Washington University

FRIDAY, AUGUST 21, 2020

8:30 AM - 11:30 AM

Community Hospital Outpatient Campus At Ryan Ranch Poppy & Lupine Conference Room 2 Upper Ragsdale Dr., Building D, Monterey Cost: Free

RSVP: hospicegiving.org/2020-lwg or 831.333.9023 | Registration is Required

#### PROGRAM DESCRIPTION

In this 1.5 hour program, Hospice Foundation of America will identify barriers to intimacy and sexuality for terminally ill persons and the bereaved. The program will emphasize the knowledge and skills that professionals must have to sensitively address intimacy and sexuality and suggest interventions that can help dying and bereaved persons address these elemental human needs.

### LEARNING OBJECTIVES

- Define and contrast *intimacy* and *sexuality* and describe how these needs may affect the care and well-being of dying and bereaved individuals;
- Describe barriers to meeting the needs of intimacy and the sexual desires of individuals who are coping with life-threatening illness;
- Discuss sensitivities, skills and knowledge that end-of-life professionals should possess to use appropriate interventions that address the intimacy and sexual needs of dying persons;
- Describe the intimacy and sexual needs of individuals who are bereaved and identify barriers that inhibit opportunities to address such needs;
- Discuss sensitivities, skills and knowledge that end-of-life professionals should employ when addressing issues of intimacy and sexuality with bereaved individuals;
- Identify the ethical issues, including boundaries, that healthcare professionals should be aware of when helping clients and patients meet intimate and sexual needs.

#### CONTINUING EDUCATION

1.5 hours of CE credit are available through HFA for nurses, social workers, counselors, clergy, and more. CE credits are available until March 24, 2021. *Please verify CE availability with your professional board and/or refer to HFA's list of Board Approvals, located at https://hospicefoundation.org/lwg2020.* 

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