

'Lords of Levity' by Day Schildkret, morningaltars.com

'Grief to Beauty'

a special workshop with Day Schildkret of Morning Altars

Saturday, January 11th, 12:30 - 4:30 pm
Hidden Valley Music Seminars

During this hands-on workshop, participants will learn a 7-step process which includes foraging, wandering, and creating earth art for our family and friends who have died or ancestors we want to remember. These altars carry the story, symbols, and meaning of our loved ones that we carry in our hearts. The practice of building these altars lets us strengthen our relationship to impermanence and let go of our resistance to change.

Fee \$30 per person; limited to 40 participants, advance registration required.

Learn more and register at hospicegiving.org/discover-hopegives.

Learn more about Morning Altars at morningaltars.com.

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