

Hospice Giving Foundation presents

PREPARE for your care: Advance Health Care Directive (AHCD) Professional Training

Tuesday, January 14 2020
1:00 PM - 3:30 PM

Hospice Giving Foundation
80 Garden Court, Suite 201
Monterey, CA 93940

Register at
hospicegiving.org/professional-training/



Presenter:
Rebecca Sudore, MD

California Advance Health Care Directive

This form lets you have a say about how you want to be cared for if you cannot speak for yourself.

This form has 3 parts:

Part 1 Choose a medical decision maker, Page 3

A medical decision maker is a person who can make health care decisions for you if you are not able to make them yourself. This person will be your advocate. They are also called a health care agent, proxy, or surrogate.



Part 2 Make your own health care choices, Page 7

This form lets you choose the kind of health care you want. This way, those who care for you will not have to guess what you want if you are not able to tell them yourself.



Part 3 Sign the form, Page 13

The form must be signed before it can be used.

You can fill out Part 1, Part 2, or both.

Fill out **only** the parts you want. Always sign the form in Part 3.

2 witnesses need to sign on Page 14, or a notary on Page 15.



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Learn about the PREPARE for your care Advance Health Care Directive from PREPARE's founder and director, Rebecca Sudore, MD, FAAHPM, Professor of Medicine, Geriatrics Division, University of California, San Francisco.

This live webinar will cover:

- Definition of advance care planning.
- Literacy, language and culture.
- PREPARE website and program.
- Tool Kit Resources.
- Research behind PREPARE.
- Effectiveness of PREPARE.
- FAQ's.
- Q & A.

Dr. Sudore is a geriatrician, palliative medicine physician, and advance care planning researcher. She also directs the Innovation & Implementation Center in Aging & Palliative Care (I-CAP) and the Vulnerable Populations for Aging Research Core of the NIA-funded Pepper Center.

<https://prepareforyourcare.org/welcome>