

Palliative Providers in our Community



Community Hospital of the Monterey Palliative Medicine Service

Inpatient Team: 831-625-4977

Outpatient Clinic: 831-620-0700

Natividad Palliative Care Program

Inpatient Team: 831-772-7583

Salinas Valley Memorial Healthcare System Palliative Medicine Service

Inpatient Team: 831 759-3049

Outpatient Clinic: 831 676-0210



Call a palliative team to get further information.
Insurance covers the services provided by
the Palliative team.

HGFOUNDATION

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Supported by a grant from
the Hospice Giving Foundation. More information
at hospicegiving.org/resources/#Understanding

What is Palliative Care?

Palliative care (pronounced pal-lee-uh-tiv) is specialized medical care for people living with a serious illness. Palliative care focuses on providing relief from the symptoms and stress of the illness. It's appropriate at any stage of a serious illness and the goal is to improve quality of life for both the patient and the family.

Palliative care is provided by a specially-trained team of doctors, nurses and other specialists, who work with patient's other doctors. Palliative care is based on medical and practical needs of the patient, not just the prognosis. The team works to support the patient and family and to help them understand the course of the illness.



How the palliative service can help?

Goals of Care discussion

- Major decision-making related to serious illness/frailty
- Advance Care Planning

Discussing/completing advance directive and POLST forms

- Symptom management
- Psychosocial support

Some indications for referral

- Difficult-to-control symptoms
- Multiple hospitalizations
- Uncertainty with goals of care
- High stress from impact of disease
- Declining ability to complete activities of daily living

MONTEREY COUNTY PALLIATIVE CARE COLLABORATIVE

The Monterey County Palliative Care Collaborative formed in 2018 in response to a growing awareness: our community, like many others, lacks meaningful coordination between professionals and institutions caring for patients with serious illness. The Collaborative identifies opportunities to improve services and advocates for the best patient care possible in Monterey and San Benito Counties.