

Coping with Grief During the Holidays



Wednesday, November 6, 2019 • 2:30 PM to 4:00 PM

Carmel Foundation
Diment Hall
SW Corner of 8th Ave. & Lincoln St.
Carmel-By-The-Sea, CA 93921

Admission: Complimentary

To register visit
hospicegiving.org/events
or call us at 831.333.9023

Holidays are often difficult for anyone who has experienced the death of someone loved. Rather than being times of family togetherness, holidays can bring feelings of sadness, loss, and emptiness.

This program will explore meaningful ways to ease your anticipated grief and heartache during the holidays.

We will conclude the program with a ceremony of remembrance to honor the life of your loved one.

Caring. Giving. Together