



Hospice Giving Foundation *presents*

Cannabis & Well-Being Research Paper Presentation

Tuesday, March 26, 2019 | 5:30 PM - 7:30 PM

Hospice Giving Foundation | 80 Garden Ct., St. 201 | Monterey, CA 93940

Registration required | Seating limited | Dinner provided | Cost: Complimentary

This cannabis presentation for clinicians features two Stanford University trained scientists discussing their research paper examining the relationship between cannabis, well-being, and mental health. The program begins with a Dispensary Talk by Plantacea owner Maurice Solis, followed by Lessons and Directions from Current CBD Studies by Debra Karshon, Ph.D., A Study of Cannabis and Well-Being by Alan Ceaser, Ph.D., and Q & A with all three presenters.

Topics of discussion include:

- A description of the demographics and motivation of cannabis users.
- A discussion of the relationship between well-being, mindfulness, health, and health outcomes. We will also discuss how well-being is measured by psychologists.
- Results examining well-being and mindfulness among individuals who consume cannabis.
- Results examining the impact of cannabis stigma on well-being for cannabis users.

Register at: hospicegiving.org/event/cannabis/ or 831.333.9023