

Coping with Grief During the Holidays

A Program for Adults



Saturday, December 1, 2018 • 9:30 AM to 11:00 AM

Carmel Presbyterian Church
Friendship Hall
Junipero St. & Mountain View Ave.
Carmel, CA 93921

Admission: Complimentary

To register visit our website at
hospicegiving.org/events/grief -OR- call
831.333.9023

Holidays are often difficult for anyone who has experienced the death of someone loved. Rather than being times of family togetherness, holidays can bring feelings of sadness, loss, and emptiness.

This program will explore meaningful ways to ease your anticipated grief and heartache during the holidays.

Funding End-of-Life Care