## **HOSPICE GIVING FOUNDATION** presents **Attachment Theory and Grief Support**



JOIN us for a continuing education program that combines expert speakers, additional learning materials (90-minute webinar presentation, plus 30-minute local facilitated discussion).

## RSVP: hospicegiving.org/event/atgs or 831.333.9023 Registration is Required | Seating Limited

1.5 hrs of CE Credits

**DESCRIPTION:** Attachment theory originated in the work of John Bowlby, a psychiatrist and psychologist who identified different "attachment styles" in young children. These attachment styles tend to persist into adulthood, and they influence how people form relationships, how they manage emotion, and how they deal with stressful situations, including significant loss. When we understand a bereaved person's attachment style, we are in a better position to understand how they will cope with loss and how we can best tailor our bereavement interventions so as to be best suited to helping them heal.

## LEARNING OBJECTIVES:

At the conclusion of this presentation, participants will be able to: • Discuss the fundamentals of attachment theory; • Explain how early attachment experience influences attachment orientation and impacts later reactions to loss and separation; • Describe the principles of an attachment informed approach to grief therapy and the clinical skills that the presenters regard as the core elements of an effective therapeutic relationship with bereaved clients.

**CE CREDITS:** provided by Hospice Foundation of America for a variety of boards.

EXPERT VIDEO PRESENTERS: John (Jack) Jordan, PhD and Phyllis Kosminsky, PhD, LCSW, FT FACILITATED DISCUSSION BY: Dr. Joseph B. Greene, MD

