

# Hospice Giving Foundation *presents* Beyond Opioids: Alternative Treatments & Medical Cannabis



**COST:** Your \$40 admission includes meals & CE credits

**REGISTRATION IS REQUIRED | SEATING LIMITED**

**RSVP:** [hospicegiving.org/event/as2018](http://hospicegiving.org/event/as2018) or 831.333.9023

## LEARNING OBJECTIVES

At the conclusion of this symposium participants will be able to:

- Understand the basic topics & health benefits of Complementary & Alternative Medicine;
- Explore the different practices of mindfulness meditation;
- Learn the differences as well as the similarities of Therapeutic Touch, Healing Touch, Reiki, and Therapeutic Massage;
- Learn the history of cannabis in human culture;
- Examine the endocannabinoid system;
- Understand the standard of care for recommending;
- Review California laws allowing patients to use cannabis, caregivers to obtain cannabis, and doctors to recommend cannabis.

## CREDITS



### Designation and Accreditation Statement

CHOMP is accredited by (IMQ/CMA) to provide continuing medical education for physicians. Community Hospital of the Monterey Peninsula designates this live activity for a maximum of **4.75 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Disclosure Policy

CHOMP's CME Identification and Resolution of Conflict of Interest Policy requires individuals in control of the content of an activity to disclose financial relationships with commercial or proprietary entities that produces healthcare-related products and/or services relevant to the content presented or developed for this activity. All planners and presenters have nothing to disclose.

The Alzheimer's Association is an approved vendor for providing continuing education. This course meets the qualifications for **6.0 CE units/ hours** for the following certified license entities: Registered Nurse (RN) and Licensed Vocational Nurse (LVN). Approved by the California Board of Registered Nursing (Provider #CEP12415). Licensed Marriage Family Therapists (LMFT) and Licensed Clinical Social Workers (LCSW). Approved by the California Association of Marriage and Family Therapists (Provider #63035). Course meets the qualifications as required by the California Board of Behavioral Sciences. Nursing Home Administrator Program (NHAP). Application pending approval by the California Department of Public Health (Provider #CEP1546). Residential Care Facility for the Elderly Administrator (RCFE). Application pending approval by the California Department of Social Services (Provider #2000072-740-2).

Monterey County Bar Association certifies that this program conforms to the standards of approved education activities prescribed by the rules and regulations of the State Bar of California governing minimum legal education. This offering is approved for **1.0 hour** of continuing legal education by the Monterey County Bar Association provider #268.

**FRIDAY, MAY 11, 2018**

**8:30 AM - 3:30 PM**

**EMBASSY SUITES MONTEREY BAY  
SEASIDE, CA**

**HG FOUNDATION**

## SCHEDULE

**8:30 am** – Registration, educational credit sign-in, information tables and continental breakfast.

**9:00 am** – Welcome: Siobhan Greene, CEO/President HG Foundation

**9:15 am** – Complimentary & Alternative Medicine (CAM); Melanie Cancio, RN, RNIII, BSN, OCN, CMSRN, Salinas Valley Memorial Hospital

**9:45am** – Mindfulness as Complimentary Medicine: Meika Hamisch, LMFT, Co-founder of the Monterey Center for Mindfulness and Compassion

**10:15am** – Break/Information Tables

**10:30am** – Energy Therapy (Therapeutic Touch, Healing Touch, Reiki, Therapeutic Massage): Gail Robbins, RN, Health Care Coordinator, Energy Practitioner, Volunteer Hospice of the Central Coast

**11:15am** – Panel Discussion Q & A with Melanie Cancio, Meika Hamisch & Gail Robbins

**11:45am** – Break/Information Tables

**12:00pm** – Lunch

**12:30pm** – Medical Cannabis: How We Can Apply Our Knowledge for the Relief of Suffering: Kyle Youngflesh, DO, Hospitalist, Natividad Medical Center

**1:15pm** – Medical Marijuana: What You Need to Know to Have the Discussion with Your Client: Jesse Stout, Attorney, Greenbridge Corporate Counsel

**2:00pm** – Break/Information Tables

**2:15pm** – Introduction to the Use of Medical Cannabis: David Dansky, MD, FACEP, Emergency Department Community Hospital of the Monterey Peninsula

**2:45pm** – Panel Discussion Q & A with Kyle Youngflesh, Jesse Stout & David Dansky

**3:15pm** – Event evaluation, educational credits & closure